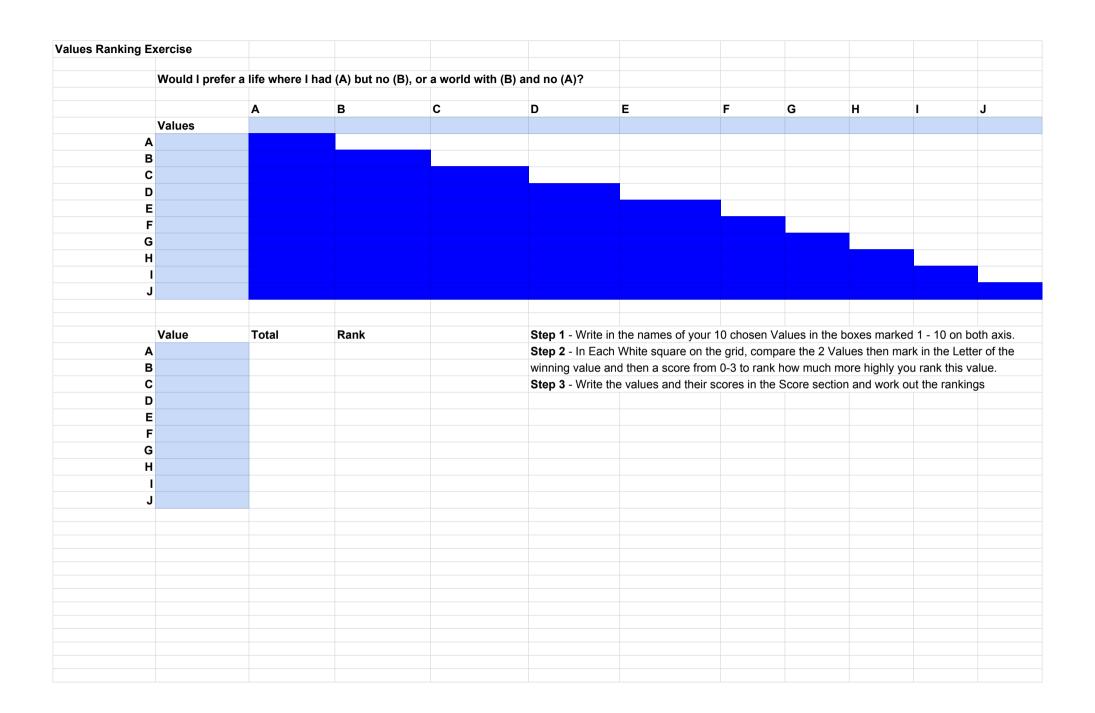
| A List of Commo | on Values     |             |               |                  |                |               |  |  |  |
|-----------------|---------------|-------------|---------------|------------------|----------------|---------------|--|--|--|
| Acceptance      | Concentration | Enthusiasm  | Норе          | Organization     | Sensitivity    | Tranquility   |  |  |  |
| Accomplishment  | Confidence    | Equality    | Humility      | Originality      | Serenity       | Transparency  |  |  |  |
| Accountability  | Connection    | Ethical     | Imagination   | Passion          | Service        | Trust         |  |  |  |
| Accuracy        | Consciousness | Excellence  | Improvement   | Patience         | Sharing        | Trustworthy   |  |  |  |
| Achievement     | Consistency   | Experience  | Independence  | Peace            | Significance   | Truth         |  |  |  |
| Adaptability    | Contentment   | Giving      | Individuality | Performance      | Silence        | Understanding |  |  |  |
| Alertness       | Contribution  | Exploration | Innovation    | Persistence      | Simplicity     | Uniqueness    |  |  |  |
| Altruism        | Control       | Expressive  | Inquisitive   | Persistence      | Sincerity      | Unity         |  |  |  |
| Ambition        | Conviction    | Fairness    | Insightful    | Playfulness      | Skill          | Valor         |  |  |  |
| Amusement       | Cooperation   | Family      | Inspiring     | Poise            | Skillfulness   | Victory       |  |  |  |
| Assertiveness   | Courage       | Famous      | Integrity     | Potential        | Smart          | Vigor         |  |  |  |
| Attentive       | Courtesy      | Fearless    | Intelligence  | Power            | Solitude       | Vision        |  |  |  |
| Awareness       | Creation      | Feelings    | Intensity     | Present          | Spirit         | Vitality      |  |  |  |
| Balance         | Creativity    | Ferocious   | Intuitive     | Productivity     | Spirituality   | Wealth        |  |  |  |
| Boldness        | Credibility   | Fidelity    | Irreverent    | Professionalism  | Spontaneous    | Welcoming     |  |  |  |
| Bravery         | Curiosity     | Focus       | Joy           | Prosperity       | Stability      | Winning       |  |  |  |
| Brilliance      | Decisive      | Foresight   | Justice       | Purpose          | Status         | Wisdom        |  |  |  |
| Calm            | Decisiveness  | Fortitude   | Kindness      | Quality          | Stewardship    | Wonder        |  |  |  |
| Candor          | Dedication    | Freedom     | Knowledge     | Realistic        | Strength       |               |  |  |  |
| Capable         | Dependability | Friendship  | Lawful        | Reason           | Structure      |               |  |  |  |
| Careful         | Determination | Fun         | Leadership    | Recognition      | Success        |               |  |  |  |
| Certainty       | Development   | Generosity  | Learning      | Recreation       | Support        |               |  |  |  |
| Challenge       | Devotion      | Genius      | Liberty       | Reflective       | Surprise       |               |  |  |  |
| Charity         | Dignity       | Goodness    | Logic         | Respect          | Sustainability |               |  |  |  |
| Cleanliness     | Discipline    | Grace       | Love          | Responsibility   | Talent         |               |  |  |  |
| Clear           | Discovery     | Gratitude   | Loyalty       | Restraint        | Teamwork       |               |  |  |  |
| Clever          | Drive         | Greatness   | Mastery       | Results-oriented | Temperance     |               |  |  |  |
| Comfort         | Effectiveness | Growth      | Maturity      | Reverence        | Thankful       |               |  |  |  |
| Commitment      | Efficiency    | Happiness   | Meaning       | Rigor            | Thorough       |               |  |  |  |
| Common sense    | Empathy       | Hard work   | Moderation    | Risk             | Thoughtful     |               |  |  |  |
| Communication   | Empower       | Harmony     | Motivation    | Satisfaction     | Timeliness     |               |  |  |  |
| Community       | Endurance     | Health      | Openness      | Security         | Tolerance      |               |  |  |  |
| Compassion      | Energy        | Honesty     | Optimism      | Self-reliance    | Toughness      |               |  |  |  |
| Competence      | Enjoyment     | Honor       | Order         | Selfless         | Traditional    |               |  |  |  |
|                 |               |             |               |                  |                |               |  |  |  |
|                 |               |             |               |                  |                |               |  |  |  |
|                 |               |             |               |                  |                |               |  |  |  |



| /alues Ranking E | cercise Example  |                  |                   |                   |   |                  |                    |                |            |               |          |  |
|------------------|------------------|------------------|-------------------|-------------------|---|------------------|--------------------|----------------|------------|---------------|----------|--|
|                  | Would I prefer a | life where I had | d (A) but no (B), | or a world with ( | (B) and no (A)?   |                  |                    |                |            |               |          |  |
|                  |                  | A                | В                 | С                 | D   | E                | F                  | G              | Н          | ı             | J        |  |
|                  | Values           | Honesty          | Creativity        | Passion           | Empathy   | Joy              | Good Heal          | t Independer   | Loyalty    | Happiness     | Optimism |  |
| Α                | Honesty          |                  | A 2               | A 1               | D 1   | E 0              | F 0                | G 0            | H 1        | l 1           | J 1      |  |
| В                | Creativity       |                  |                   | C 2               | D 0   | E 0              | B 0                | B 0            | B 0        | l 1           | J 1      |  |
| С                | Passion          |                  |                   |                   | D 0   | E 1              | F 0                | G 0            | H 0        | 11            | J 1      |  |
| D                | Empathy          |                  |                   |                   |   | D 0              | D 0                | D 0            | D 1        | 11            | J 1      |  |
| E                | Joy              |                  |                   |                   |   |                  | E 1                | E 1            | H 1        | l 1           | J 1      |  |
| F                | Good Health      |                  |                   |                   |   |                  |                    | G 0            | H 1        | l 1           | J 1      |  |
| G                | Independence     |                  |                   |                   |   |                  |                    |                | H 1        | l 1           | J 1      |  |
| Н                | Loyalty          |                  |                   |                   |   |                  |                    |                |            | l 1           | J 1      |  |
| I                | Happiness        |                  |                   |                   |   |                  |                    |                |            |               | l 1      |  |
| J                | Optimism         |                  |                   |                   |   |                  |                    |                |            |               |          |  |
|                  |                  |                  |                   |                   |   |                  |                    |                |            |               |          |  |
|                  | Value            | Total            | Rank              |                   | Sten 1 - Writ   | e in the names o | f vour 10 chosen V | alues in the h | oxes marke | d 1 - 10 on b | oth axis |  |
| Δ                | Honesty          | 2 (3)            | 7                 |                   | Step 1 - Write in the names of your 10 chosen Values in the boxes marked 1 - 10 on both axis.  Step 2 - In Each White square on the grid, compare the 2 Values then mark in the Letter of the |                  |                    |                |            |               |          |  |
|                  | Creativity       | 3 (0)            | 6                 |                   | winning value and then a score from 0-3 to rank how much more highly you rank this value.   |                  |                    |                |            |               |          |  |
|                  | Passion          | 1 (2)            | 10                |                   | Step 3 - Write the values and their scores in the Score section and work out the rankings   |                  |                    |                |            |               |          |  |
|                  | Empathy          | 7 (2)            | 3                 |                   |   |                  |                    |                |            |               | J-       |  |
|                  | Joy              | 5 (3)            | 5                 |                   |   |                  |                    |                |            |               |          |  |
|                  | Health           | 2 (0)            | 8                 |                   |   |                  |                    |                |            |               |          |  |
| G                | Independence     | 2 (0)            | 9                 |                   |   |                  |                    |                |            |               |          |  |
| Н                | Loyalty          | 5 (4)            | 4                 |                   |   |                  |                    |                |            |               |          |  |
|                  | Happiness        | 9 (9)            | 1                 |                   |   |                  |                    |                |            |               |          |  |
|                  | Optimism         | 8 (8)            | 2                 |                   |   |                  |                    |                |            |               |          |  |